

## FOR IMMEDIATE RELEASE

### Health Symposium being presented by international recognized Immunologist

Date: Wednesday, March 25, 2009  
Time: 7 p.m. – 8:30 p.m.  
Location: Delta Victoria Ocean Pointe Resort  
45 Songhees Road  
Victoria BC

During her presentation entitled: ***Glutathione - our natural defense against infection, oxidative stress, aging and chemical toxins*** Dr. Kongshavn will describe how she and her colleague Dr. Bounous were the first to discover a natural way to raise glutathione in the body and discuss the benefits that can be achieved.

As an independent research investigator in the field of Immunology, Dr. Patricia Kongshavn considers herself fortunate that her life's work has included a deeply involved collaboration with the renowned Dr. Gustavo Bounous. Together, their research focused on the various dietary proteins and their influence on immune responsiveness.

Their collaborative work began in the mid-1970's during which time Drs. Kongshavn and Bounous co-authored 14 papers that led to the discovery of an undenatured whey protein isolate that regulates glutathione levels. Ultimately, optimized glutathione levels strengthen the immune system and promote anti-aging as well as anti-carcinogenic activity.

This groundbreaking discovery led to the development of Immunocal®, the only whey protein isolate to be issued a Canadian natural product number as a natural source of the glutathione precursor cystein, the essential component for the maintenance of a strong immune system.

Dr. Patricia Kongshavn is originally from England. Her education includes obtaining an Honours Degree in Natural Sciences from Cambridge University. She also holds an M.Sc in Physiology and a Ph.D in Immunology, both from McGill University in Montreal.

In 1974, after completing a Post-Doctoral Fellowship, Dr. Kongshavn pursued an active career in medical research, joining the Faculty of Medicine at McGill University. She held appointments in the Departments of Physiology and Medicine and rose to full Professor in 1986.

Throughout her career, Dr. Kongshavn's main research focused on increasing the basic knowledge on the immune system, host/parasite interactions as well as the genetics of natural resistance. She has published over 90 articles in scientific journals and contributed chapters in a number of books.

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Dr. Patricia Kongshavn was a Principal Collaborator in the groundbreaking research and discovery of Immunocal®, the whey protein scientifically proven and authenticated to elevate glutathione levels at the cellular level. She is a former Professor in the Faculty of Medicine, McGill University, Montreal, Quebec.